

LUNCH

@FULFEN

Love

MONDAY

Organic Pork Meatballs
in a Rich Tomato Sauce

✓ Cheese & Potato Pie

Tuna & Ham Wraps

Garlic & Herb Pasta, Rustic Breads,
Seasonal Vegetables,

Steamed Jam Sponge
or
Assorted Cookies

TUESDAY

✓ Neapolitan Pizza

Bef Lasagne
with Garlic Bread

Jacket Potatoes

Seasonal Vegetables,
Seasoned Wedges

Paris Apple Tart
or
Assorted Cookies

WEDNESDAY

Roast Turkey & Trimmings

✓ Shepherdess Pie

Ham Sandwich

Roast & Creamed Potatoes,
Seasonal Vegetables

Blueberry Muffins
or
Assorted Cookies

WEEK 1

5/11/19, 25/11/19, 16/12/19,
20/1/20, 10/2/20

THURSDAY

Beef Grill
with Giant Yorkshire Pudding

✓ Tomato & Herb Pasta

Chicken Pie

Herby Diced Potato,
Seasonal Vegetables

Lemon Drizzle Cake
or
Assorted Cookies

FRIDAY

Fish Stars or Fish Fillet

✓ Cheese Toastie

Bacon Twist

Chips,
Seasonal Vegetables

Chocolate Concrete
or
Assorted Cookies

DAILY

Water/Milk/Juice
Yoghurts/Custard
Fresh Fruit Platter



LUNCH

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MONDAY

Crispy Chicken Goujons

✓ Quorn Bolognese

Hot Cheese & Tuna Bagel

Pommes Noisette, Garlic & Herb Pasta,
Seasonal Vegetables

Jelly & Mousse or
Rice Pudding or
Cheese & Crackers



TUESDAY

Toad in the Hole

✓ Quornish Pie

Ham Sub Rolls

Herby Diced Potatoes,
Creamed Potatoes, Seasonal Vegetables

Chocolate Cracknel
or
Assorted Cookies



WEDNESDAY

Roast Ham
with all the Trimmings

✓ Veggie Crumble
with Rustic Bread

Assorted Wraps

Roasted & Mashed Potatoes,
Seasonal Vegetables

Doughnuts
or
Assorted Cookies

WEEK 2

11/11/19, 9/12/19,
6/1/20, 27/1/20

THURSDAY

✓ Pizza Pinwheel

Turkey Pasta Bake

✓ Jacket Potato with Cheese or Beans

Seasoned Wedges, Rustic Bread,
Seasonal Vegetables

Chocolate Pot & Shortbread
or American Pancake
& Sauce



DAILY

Water/Milk/Juice
Yoghurts/Custard
Fresh Fruit Platter

FRIDAY

FishFingers

Mac & Cheese

Assorted Toasties

Chips, Seasonal Vegetables,

Flapjack
or
Assorted Cookies



LUNCH

@FULFEN

MONDAY

Cheese Burger in a Bun

✓ Omelettes

Assorted Sandwiches

Hash Browns,
Seasonal Vegetables

Steamed Marble Sponge
or
Assorted Cookies

TUESDAY

Chicken Fajitas

Sausage Rolls

✓ Cheese Toastie

Chunky Wedges,
Seasonal Vegetables

Ice Cream Tubs
or
Assorted Cookies

WEDNESDAY

Pork Loin
with all the Trimmings

✓ Quorn Pie & Scone Topping

Assorted Baguettes

Roasted & Mashed Potatoes,
Seasonal Vegetables

Pineapple Sponge
or
Assorted Cookies

Love

WEEK 3

18/11/19, 12/12/19,
13/1/20, 3/2/20

THURSDAY

✓ Assorted Pizza

Pulled Pork Bap

Jacket Potato
with Tuna Mayo

Garlic & Herb Pasta, Cous Cous
Seasonal Vegetables

Iced Feather Sponge
or
Assorted Cookies

DAILY

Water/Milk/Juice
Yoghurts/Custard
Fresh Fruit Platter

FRIDAY

Salmon Bites or Fish Fillet

✓ Flaky Cheese Whirl

Chicken Curry
with Rice & Chips

Chips, Seasonal Vegetables

Chocolate Devil's Cake
or
Assorted Cookies

